

# MAUERLÄUFERSTEIG

Bernadeinkopf



Garmisch-Classic

HAUSBERG KREUZECK ALPSPIITZE

**START** Alpspitzbahn mountain station

**ZIEL** Alpspitzbahn mountain station

The Mauerläufersteig („very difficult to extremely difficult“ D/E) is one of the greatest challenges in the northern Alps. The starting point for this tour is the Alpspitzbahn cable car mountain station. From there, the route follows a gravel road through the breakthrough down to a grassy hollow, where also the hiking trail from the Kreuzeck joins. The alpinists now keep to the right and follow the slightly ascending climbing tracks under the base of the north face to the entry point.

If even the start of the via ferrate is too challenging, you must turn back immediately. In the further course, overhangs, wire rope ladders and a wire rope bridge demand that climbers are sure-footed and have a head for heights.

From the summit of Bernadeinkopf, head downhill in a westerly direction. Continue straight ahead on a small grassy saddle and follow the panoramic north face trail to the Alpspitzbahn cable car mountain station, which will take you back to the valley in comfort after this challenging tour.

## ATTENTION

Appropriate knowledge and equipment necessary. Sure-footedness and a head for heights required.



2 ¾ hrs.



Alpspitzbahn



no



Osterfelder 2000  
Kandahar 2



Kreuzeckbahn  
Alpspitzbahn

